

SOUTHPORT SNACK SHACK MENU TERM 1 2017

Sandwiches

Chicken	\$3.00
Ham	\$3.00
Tuna	\$3.00
Cheese	\$2.20
Egg / Curried Egg	\$2.20
*Add Salad	\$1.50
Cheese and Tomato	\$2.70
Vegemite/Honey/Jam	\$1.50
Egg and Lettuce	\$2.50
Salad Sandwich (V)	\$3.50
Salad Includes: lettuce, tomato, carrot, Cucumber, beetroot, cheese.	
Extras	
Cheese	\$0.60
Tomato, Lettuce, Carrot, Beetroot, Cucumber, Pineapple	\$0.30 each
Bread Roll add	\$0.60
Toasted add	\$0.30
Mayo, BBQ and tomato	\$0.30

Wraps

Chicken Caesar Salad Wrap	\$5.00
Salad	\$4.00
*Add Chicken, Ham for \$1.00 extra	
Half Wrap Salad	\$2.00
Half Wrap Salad and Meat	\$2.50
Salad includes: lettuce, tomato, carrot, cucumber, cheese	

Salad Tubs*

Salad Tub - includes lettuce, tomato, beetroot, carrot, egg, cucumber, cheese, pineapple	\$4.00
Caesar Tub – lettuce, shaved parmesan cheese, bacon, egg, croutons and dressing	\$4.50

*Add Chicken or Ham for \$1.00 extra

Hot Food

MONDAY

Mac n Cheese	\$4.00
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TUESDAY

Spaghetti	\$3.50
Chicken Burger with Salad	\$4.00

WEDNESDAY

FB Beef burger with salad	\$4.00
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THURSDAY

Spaghetti	\$3.50
Chicken Burger with Salad	\$4.00

FRIDAY

Mac n Cheese	\$4.00
Chicken Burger	\$4.00

EVERYDAY

Corn on the Cob (V)	\$1.00
Garlic Bread (V)	\$1.50

Bottled Water 600ml	\$1.50
Water 1lt	\$2.00
Focus water	\$1.80
Sparkling Water	\$1.80
Up & Go	\$2.00
Fresh Milk 300ml	\$1.30
Flavoured Milk –250ml	\$2.00
Orchy Juice	\$1.80

Snacks & Treats

Fresh Fruit	\$1.00
Watermelon wedge	\$0.50
Watermelon Tub	\$2.00
Yoghurt	\$1.20
Fresh Fruit Salad Cup	\$2.50
Nibble bag (Carrot, Cucumber, Rice crackers and Dip)	\$2.50
Munch pack (cheese Triangle, crackers, cherry tom, carrot, apple wedges)	\$2.50
Hard Boil Egg	\$0.50
Carrot Sticks	\$0.50
Koala Popcorn	\$1.20
Popcorn	\$0.20
Pikelets (2)	\$0.50
FB Home Bake	\$1.20
Chips (red rock / grain waves, Jj's)	\$1.50

Our menu is compliant with the Government Smart Health Food and Drink Strategy

To allow our friendly staff to cater for your children

Frozen Treats 2nd Break Only

Frozen fruit cup	\$0.20
Quelch	\$0.50
Ice Mony	\$1.00
Lemonade bar	\$1.00
Fruitsicle	\$1.80
Scooby Doo	\$1.30
Frozen Yoghurt	\$2.00
Raspberry Split	\$2.30
Mango Split	\$2.60

Online ordering - FLEXI SCHOOLS

Please visit flexischools.com.au for online ordering. If you are short on time & bags, this is for you. You're able to order a week in advance and you know what your child/ren are eating. No more lost money. All menu items are available on flexischools, plus some extra ones that aren't available over the counter. Please turn over to see extra menu items, just for flexischools.

Notes –Please allow 10c for bags

FB= made fresh on site from local ingredients where available.

Please  **rs by 9:15am**



We need volunteers to help run our

Tuckshop

Even if it's just an hour you can spare

To help

Us Prepare

WE NEED YOU!

Mums & Dads, Grandparents and

Carers.

We try and run on a roster system so if you can only spare one day a term that's fine too, just put your name down. Every bit helps us achieve our goal to serving the children and staff of the school, fresh and healthy food.

Come on its fun you'll have a laugh give me a call.

Volunteering is so rewarding. If your friendly, willing to learn and can make a sandwich then we need you.



FLEXISCHOOL ORDERS ONLY

FLEXISCHOOLS DAILY SPECIALS
NO OVER THE COUNTERS ORDERS
WILL BE ACCEPTED

Monday

Chicken and Gravy roll
 \$4.00

Tuesday

Butter Chicken	Small	\$4.00
	Large	\$7.50

Wednesday

Chicken Fingers (Goujons) (5)	\$3.50
Add mash potato/Vegies and Gravy	\$5.00

Thursday

Beef Pie or Beef & Cheese Pie	\$4.00
Sausage Roll	\$3.00

Friday

Pork Riblet mash potato	
Veggies and Gravy	\$6.00

For list of sushi and Vietnamese roll
 Options please refer to flexischools website

Don't be afraid to volunteer, when I first started volunteering here I was so scared, but look at me now. I have gone from volunteering a few days a week, to helping out 5 days a week to actually being convener. At the snack shack we have a friendly approach to help you feel welcome. There is never a silly question so if you don't know, just ask. And remember we can all make mistakes sometimes. That's right we are human after all.



If you are available to help please call or text me
 Belinda 0400271272